



CENTRAL NEWMARKET COMMUNITY ACTION TABLE

NEWS RELEASE

2024 QUICK ACTION GRANT ROUND 1 RECIPIENTS

In partnership with United Way Greater Toronto, the Central Newmarket Community Action Table (CNCAT) is pleased to announce the recipients of 2024 Round 1 Quick Action Grants. The purpose of the Quick Action Grants is to provide residents with resources to implement their ideas that address two critical issues – Mental Well-Being and Housing Stability in our community. Congratulations to our grant recipients!

RESIDENT LED GRANTS

Newmarket Community BBQ (\$2000)

'Feeding' into the community by offering food, entertainment, and activities for all families on Tuesday June 11th. With support from local organizations, this event aims to foster community engagement, peer support, and connections among families facing mental health challenges in the area, catering to youth, immigrants, refugees, and diverse family backgrounds. Join us at Maple Leaf Public School for family fun!

Best Buddies Celebration (\$2000)

A June celebration ceremony aimed at inclusivity and support for financially struggling families in the community has been approved for funding. This event will take place at Denison Public school featuring a dance, BBQ, and distribution of t-shirts as gifts for graduating students and their families.

Driving Change Through Coding (\$2000)

This project will empower youth aged 9 to 14, including newcomers and those with disabilities, through computer building, coding, and robotics activities. Participants will receive donated computers upon completion, fostering technology skills, mental capacity and resilience through mentorship and community engagement. Aimed at reducing mental health risks, the project offers a supportive environment for vulnerable youth, emphasizing peer support and positive role models. *Schedule and location to be confirmed.*

Community Mentor Matchup (\$2000)

Join us in August for an exciting mentor meet-and-greet event. Discover the rewards of mentorship through related community organizations and guest speakers, highlighting its positive impact on overall health and community enrichment. Mark your calendars for this gathering designed to foster connections and inspire mentorship in our community.



AGENCY LED GRANTS

108 Health Promotion Association: Heritage Harmony - Asian Cultural Arts Series with Dragon & Lion Dance and Chinese Drumming Workshops (\$1500)

108 HPA will host a Spring Festival Gathering and/or an Asian Heritage Gathering between February and May 2025. This Grant enables 108 HPA to prepare for a new component of the Asian Cultural Arts Series through captivating Dragon & Lion Dance and Chinese Drumming Workshops. These workshops not only promote physical and mental well-being but also foster social engagement, stimulate cognitive abilities, and nurture a sense of achievement during practice sessions at various locations in Newmarket prior to the event date(s), not to mention on the performance day. Our inclusive approach ensures accessibility for all aged 55 to 90's seniors, while preserving heritage and facilitating intergenerational learning and social connections as we embark on this journey towards holistic wellness and long-term sustainability.

Seniors Iranian Multicultural Association (SIMA): Senior Outreach & Engagement Project (\$7500)

SIMA aims to combat isolation among Iranian seniors by offering monthly social and cultural activities from May 2024 to March 2025. Through workshops like pottery, painting, carpet weaving, singing lessons, Daf musical instrument sessions, and cyclical yoga, seniors will find avenues for creativity, cultural expression, and holistic well-being. This initiative fosters community and enriches the lives of Newmarket's senior members by providing meaningful engagement opportunities.

For more information on any of the Grant Projects listed above please visit linkingnewmarket.ca or contact, khalil@routescc.org

The Central Newmarket CAT is a community based round table comprised of residents and agencies that want to make a difference in Newmarket. Our primary focus is in the areas of Mental Well-Being and Housing Stability.

For more information on the Central Newmarket Community Action Table initiatives, Please visit linkingnewmarket.ca or contact khalil@routescc.org (Community Engagement Lead) or sandra@routescc.org (Community Engagement Manager)

SCAN TO BE LINKED TO OUR WEBSITE

